

**20** POUNDS  
**30** DAYS

**FAST TRACK**

2030wakeforest@gmail.com



# TAKE YOUR LIFE BACK!

**It's Now Proven That 7 Different Hormone Issues Are Causing Your Weight Gain And Your Health Problems.**

There Are **7 Different hormones** That Can Make It Virtually **Impossible For You To Lose Weight**. Especially If You're Over 35. The 20/30 Fast Track Plan Addresses Those Hormones, And **You WILL Lose Weight**.

*It is absolutely amazing every morning to wake up and get on that scale (that I used to dread) and see such weight loss. In less than 30 days, I have lost 24.2 pounds and come down 4 pant sizes!*

*When I started the program less than 30 days ago, I had borderline blood pressure issues. Now my results are wonderful. My cholesterol went from 212 to 132 and my triglycerides went from 100 to 87.*

*I LOVE THIS PROGRAM! I can't thank you enough!*

**CALL NOW FOR YOUR**

**\$99** Weight Loss  
Hormone  
Session!

**FREE**

**HURRY! Limited Seatings**  
Sessions are Every Monday at 6pm.  
Must have reservation.

**919-263-1450 • 3325 Rogers Road (Near Shuckers)**

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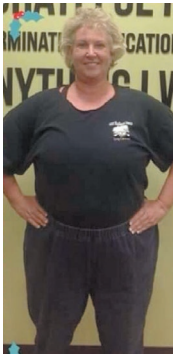
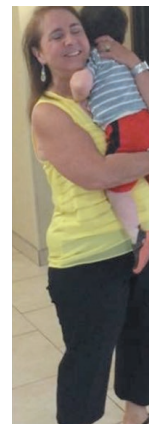
**WE SPECIALIZE IN NEW BEGINNINGS!**



Day 34, Mindy is down **18 lbs. & 44.75"**. Our Hot Springs team is stoked for her and how great she feels.



Carolyn  
**92.6 lbs.**  
& **57.25"**



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